

FEBRUARY 8, 2015

# FIFTH SUNDAY IN ORDINARY TIME



JOB 7:1-4, 6-7

PSALM 147:1-2, 3-4, 5-6

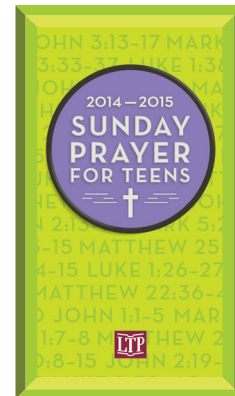
1 CORINTHIANS 9:16-19, 22-23

MARK 1:29-39

## REFLECTION

The world can be a pretty chaotic place. There's war and violence of every sort. There are natural and man-made disasters, famine, and disease. How is a person supposed to have any hope, especially when our personal lives can be as chaotic as the world outside? Friends grow apart. There's conflict among families and illness, loss, and disappointment.

However, today's readings remind us though that healing and compassion are two of the hallmarks of Jesus's work and presence. Yes, there is the chaos in the world. We see the same chaos in the Gospel. But, Jesus puts it all in order. Into the midst of evil, sickness, pain, confusion, trouble, and sadness comes Jesus. And with him comes wholeness, health, calm, and healing. The other thing we should take note of is that in spite of a very long "to-do" list, Jesus prays. Jesus goes to the Father with his need, and his gratitude, and his love, and gains the strength to do what must be done.



This book will help you pray with the Sunday Scriptures. You can easily download this book onto your eReader. [www.ltp.org/s-2-ANNUAL-PUBLICATIONS.aspx](http://www.ltp.org/s-2-ANNUAL-PUBLICATIONS.aspx)

## ACTION

Look ahead at your week. Which day will be your busiest or most difficult? Now look at that day and figure out when you will pray. It doesn't have to be long; simply five or ten minutes of quiet reflection, reading the Scriptures, or listening to music that reminds you that you have an unending source of goodness at your disposal.

## JOURNALING QUESTIONS

- What role does prayer play in your life? How might you find more time for prayer so that it can be a source of goodness and strength for you?
- Do you ever talk with your family about your faith? Why or why not?