

MAY 31, 2015



SOLEMNITY OF THE MOST HOLY TRINITY



DEUTERONOMY 4:32–34, 39–40

PSALM 33:4–5, 6, 9, 18–19, 20, 22

ROMANS 8:14–17

MATTHEW 28:16–20

REFLECTION

Friends, family, team, crew, community—human beings are relationship makers. One of the most important ideas connected to the Holy Trinity is that our God is a God of relationship. The Father, Son, and Holy Spirit create together. They interact. They love and give and receive and yet they are one. And we are made in the image and likeness of God so we are like that too. We are creatures of relationship. Each of us was baptized in the name of the Father, Son, and Holy Spirit. In the First Reading, Moses reminds the people of God’s great works on their behalf, and Paul reminds the community at Rome that they are not slaves but they are God’s own children. In the Gospel, we hear the words we still use in the Rite of Baptism and we are reminded by Jesus, “I am with you always” (Matthew 28:20). Every time we make the Sign of the Cross we recall the relational nature of God and that we are a reflection of his nature. We are reminded that we belong to God, God belongs to us, and we are one with God’s people.

ACTION

On one teen retreat we used ice, water, and steam as symbols for the Father, Son, and Holy Spirit. As a metaphor for the Trinity it wasn’t perfect but it gave us a starting point for talking about God. Find at least three metaphors this week for the Holy Trinity. Do any of them adequately describe the relational nature of God? Every time you make the Sign of the Cross this week do it with a special awareness that you are describing God each time.

JOURNALING QUESTIONS

- Which aspect of God do you feel most connected to—the Father, Son, or Holy Spirit—and why?
- The Gospel today commands us go and make disciples. Disciples are different than simply Church members. Members can just belong but disciples follow Jesus and do what he did. Do you think your church has more disciples than members? Which are you?