

*Pray the Divine Mercy Chaplet*– At the end of *Misericordiae Vultus*, Pope Francis points to St. Faustina Kowalska as a “great apostle of Mercy” (No. 24). That’s understandable, considering that the devotion to God entrusted to the Polish nun in 1935, the Divine Mercy Chaplet, comes loaded with more promises and graces than the Year of Mercy itself: great mercy at the hour of death, great mercy for the dying, grace for sinners, grace for the world and more. Through a series of private revelations, God showed St. Faustina a glimpse into the depths of His mercy. He tasked her with sharing that glimpse with the world and teaching others to pray the simple chaplet, which implores God’s mercy, “For the sake of [Christ’s] sorrowful passion.” Although St. Faustina especially urged people to pray in the nine days before the Feast of Mercy, the Sunday after Easter), it’s also commonly prayed after Holy Communion, at the bedside of the sick and dying, and during the Holy Hour of Mercy – the hour of Christ’s death, 3p.m – every day.

*How to Pray the Divine Mercy Chaplet*– Using an ordinary Rosary, with five decades of beads:

1. Make the Sign of the Cross.
2. Pray an Our Father and Hail Mary, and say the Apostle’s Creed.
3. On the large bead of the first decade, pray: “Eternal Father, I offer You the Body, Blood, Soul and Divinity of Your dearly Beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.”
4. On the ten small beads that follow, pray: “For the sake of His Sorrowful Passion, have mercy on us and on the whole world.”
5. Repeat the prayers of steps three (“Eternal Father...”) and four (For the sake of His Sorrowful Passion...”), on the remaining beads (for a total of five decades).
6. Conclude by praying the following prayer three times: “Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.”

