

JUNE 19, 2016



# TWELFTH SUNDAY IN ORDINARY TIME



ZECHARIAH 12:10 – 11: 13:1

PSALM 63:2, 3–4, 5–6, 8–9

GALATIANS 3:26–29

LUKE 9:18–24

## REFLECTION

When you are upset, can you really believe that being able to pray will get you through it? As a Christian that is our call—to trust that, even in the hard times, we know who we are: a child fully dependent on something greater than ourselves. God knows it takes time to grieve, to get over our anger, resentment, and frustration at not being able to do something we put all of our energy into. There comes a point when you simply cannot be angry anymore, it takes too much energy. This is when Psalm 63 comes to life and speaks for us. “My soul is thirsting for you, O Lord my God” (antiphon). “You are my help. / . . . / My soul clings fast to you” (63:8a, 9a). It is easier to cling to something we can feel and see, like a smartphone or iPad. Today’s Scripture asks us to remember that when we are emptied of ourselves and our ways, we find new wisdom to see and name God for who God is in our lives.

## ACTION

Take a look at the seven spiritual works of mercy. While not giving up on practice as a student, athlete, or performer, start putting some practice into being a more active counselor for your friends or family members who are struggling. Find ways to comfort those who are grieving (whatever it is), and really work hard to find ways to bear wrongs—judgements made against you—patiently.

## JOURNALING QUESTIONS

- In what areas of your life do you put all of your time and energy into and why? Is there time left over to give something of yourself to Jesus? To your family?
- How do you thirst for God?