



EIGHTH SUNDAY IN ORDINARY TIME



ISAIAH 49:14-15

PSALM 62:2-3, 6-7, 8-9

1 CORINTHIANS 4:1-5

MATTHEW 6:24-34

REFLECTION

To "seek first the kingdom" (Matthew 6:33) is to use your God-given gifts to bring about a better world, a world that looks a little more like heaven. Jesus reassures us that God will provide for our every need. More importantly, the readings present a deep promise that goes beyond our material well-being. God will care for us eternally (now and forever). Placing our trust in God (and having faith that God will uphold his end of the bargain) requires an initial leap of faith.

ACTION

How do we go "all in" with trusting God's plan when we are sitting on the fence, doubtful that God will follow through? To bridge that gap, it's helpful to go back and read today's Gospel. We have to take Jesus at his word. That is the first step—to believe him when he says that God will provide for our every need. The next step is more difficult because it requires that you place your entire life in God's hands. Yikes! This experience of "letting go and letting God," can be the most wonderful, exhilarating, and freeing place to be. So let go of the worry, the doubts, the anxiety. Breathe. "Seek first the Kingdom of God." And enjoy the journey!



JOURNALING QUESTIONS



- Describe a time when you put your trust in God.
- What are you struggling to trust God with in your life right now?