

14th Sunday in Ordinary Time

July 5, 2020

Matthew 11: 25 – 30



Thank you, God, for helping me.

Rest for the Weary

"For my yoke is easy and my burden is light." Matthew 11:30 (NIV)

Choose the word that best matches the definition.



- ___ 1. The opposite of go
A. come B. learn C. wait D. rest
- ___ 2. Very tired, especially after working hard for a long time
A. gentle B. weary C. light D. humble
- ___ 3. A heavy load that you carry
A. light B. rest C. humble D. burden
- ___ 4. Stop and relax to regain your strength
A. weary B. rest C. burden D. come
- ___ 5. To get knowledge or skill about a subject
A. humble B. rest C. gentle D. learn
- ___ 6. Calm, kind or soft; not violent
A. tired B. gentle C. weary D. rest
- ___ 7. Not proud or not believing that you are important
A. angry B. light C. humble D. gentle
- ___ 8. The place within a person where their feelings or emotions are
A. brain B. heart C. feet D. stomach
- ___ 9. Not difficult
A. gentle B. humble C. weary D. easy
- ___ 10. Not heavy
A. light B. humble C. gentle D. heart

Rest for the Weary

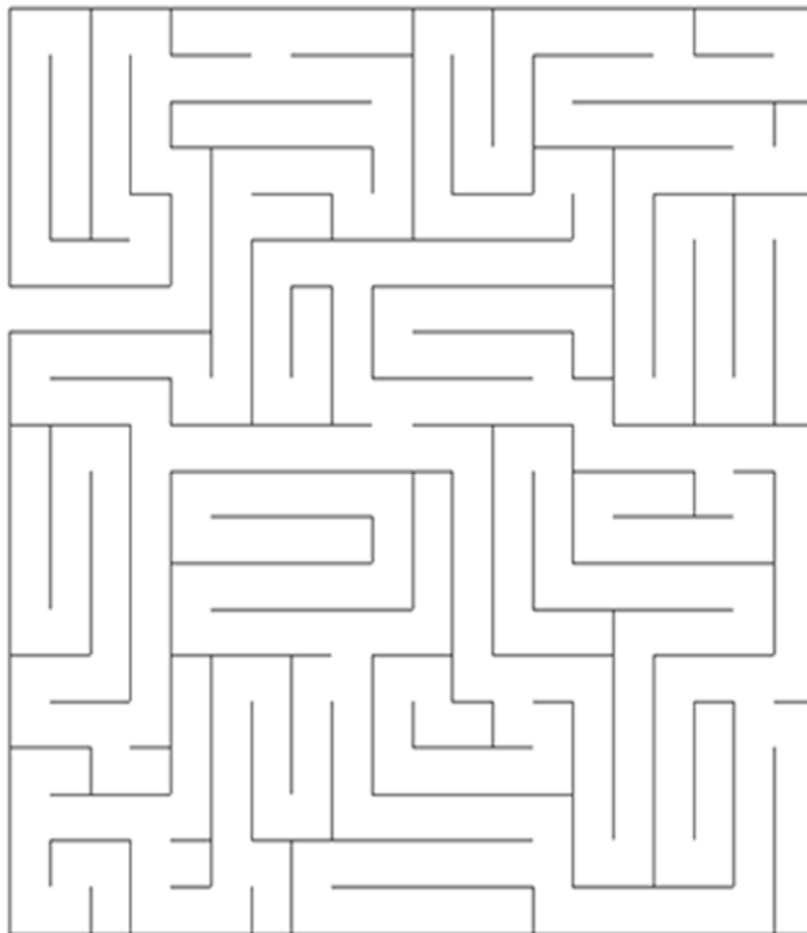
Complete the paragraph by filling in the blanks with the correct words from the word bank at the bottom of the story.



" _____ to me, all you who are _____ and _____, and I will give you _____. Take my yoke upon you and _____ from me, for I am _____ and _____ in heart, and you will find _____ for your souls. For my yoke is _____ and my burden is _____."

Matthew 11:28-30 (NIV)

burdened	easy	humble	light	rest
Come	gentle	learn	rest	weary



Help with a Heavy Load

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30 (NIV)



The activity is based on Matthew 11:28-30

A list of words is provided in a word bank at the bottom of the page. Write the words in alphabetical order on the numbered lines provided.

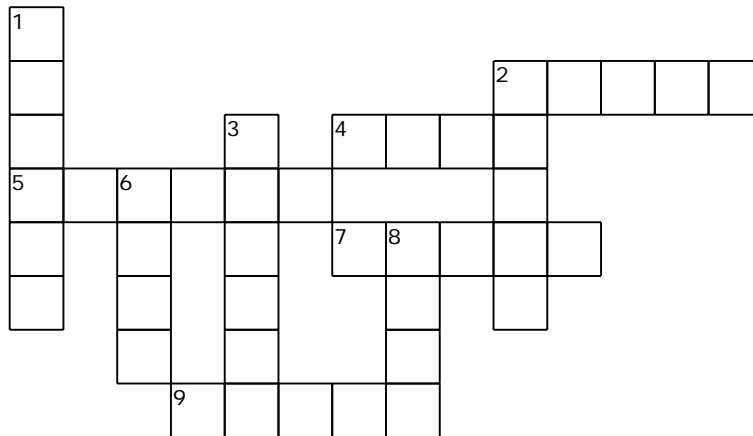
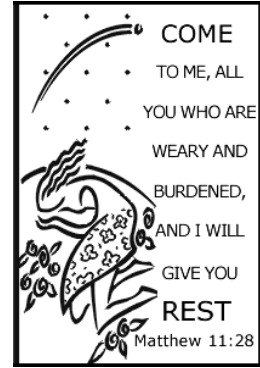
1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

GENTLE	COME	HEART	LIGHT	HUMBLE
EASY	REST	BURDEN	WEARY	YOKE

Rest for the Weary

"For my yoke is easy and my burden is light." Matthew 11:30 (NIV)

Based on Matthew 11:28-30 (NIV)



ACROSS

- 2. Not heavy
- 4. The opposite of go
- 5. A heavy load that you carry
- 7. The place within a person where their feelings or emotions are
- 9. Very tired, especially after working hard for a long time

DOWN

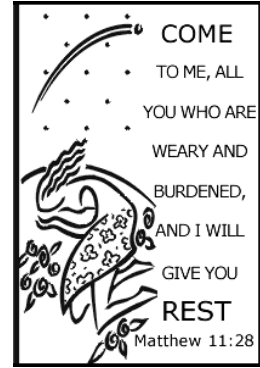
- 1. Not proud or not believing that you are important
- 2. To get knowledge or skill about a subject
- 3. Calm, kind or soft; not violent
- 6. Stop and relax to regain your strength
- 8. Not difficult

WEARY	HUMBLE	EASY	BURDEN	REST
COME	HEART	LIGHT	GENTLE	LEARN

Rest for the Weary

"For my yoke is easy and my burden is light." Matthew 11:30 (NIV)

Based on Matthew 11:28-30 (NIV)



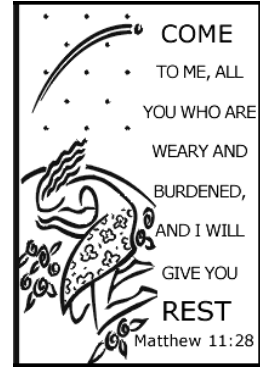
F Q N E Y M Y V K K D X G X E
 Q Q K O Q R G H U M B L E M S
 W O Q F A V E I E D T E O R Z
 Y M O E V B N Y Q Q K C T B V
 F N W L S W T H V A D C M U W
 P H K G R O L E T R W T F R D
 E M G I B U E A G E W W R D A
 Z A A V G P S R R W C H V E Y
 M S S E Z J Z T F E C W L N T
 Q U Q Y V X T H G Q A R X J N
 R E S E M X E N U E L Y N R W
 X C C O I I Y X M J F I A A K
 E I Z A U S S L Y J K E G Y D
 Y I J O L L V N I X L E R H V
 W G T R L L S K E R E S T K T

HUMBLE	ALL	LEARN	LIGHT	YOKE
SOULS	WEARY	GENTLE	TAKE	HEART
COME	GIVE	EASY	BURDEN	REST

Rest for the Weary

"For my yoke is easy and my burden is light." Matthew 11:30 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
K	Z	X	M	D	B	Y	R	S	T	H	E	U	P	I	Q	A	C	N	W	V	J	O	F	L	G

- 25-12-17-8-19 _____
- 25-15-26-11-10 _____
- 11-13-4-6-25-12 _____
- 8-12-9-10 _____
- 20-12-17-8-7 _____
- 12-17-9-7 _____
- 26-12-19-10-25-12 _____
- 7-23-1-12 _____
- 18-23-4-12 _____
- 6-13-8-5-12-19 _____

.....EASY	YOKE	COME	HUMBLE	GENTLE
.....BURDEN	LIGHT	LEARN	WEARY	REST



Speak, Lord

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Zechariah 9:9-10
Psalm 144
Romans 8:9.11-13
Matthew 11:25-30

SUNDAY LITURGY FOR CHILDREN

Year A — 14th Sunday in Ordinary Time



Use the following key to find out what Jesus says in today's Gospel.

A	▲
E	◀
I	▼
O	▲
U	▶

C _ m _ t _ m _ .

_ m g _ ntl _ .

_ w _ ll g _ v _ y _ _ r _ st

Draw a picture of something good that leads you to Jesus.

