

**JUNE 10 – 12**  
**Triduum in Honor of St. Anthony of Padua**

The Chaplet of St. Anthony of Padua is prayed following the instructions below:

*This Chaplet consists of 13 sets of 3 beads each. On the first bead of each set, pray the Our Father. On the second, pray the Hail Mary, on the third, pray the Glory Be. At the end, pray the Miraculous Responsory of St. Anthony. The Chaplet may be prayed with or without the Meditations provided. If used, the Meditations are said at the beginning of each of the 13 sets. The Meditations may also be used separately for the “13 Tuesdays Honoring St. Anthony” Devotion.*

An indulgence of 100 days, once a day, is granted to all the faithful who pray this Chaplet in honor of St. Anthony of Padua. (Pope Leo XIII, June 9, 1896)

**St. Anthony Meditations**

1. **Faith** - St. Anthony was open to the guidance and enlightenment of God’s Holy Spirit. In his heart and mind he grew in a strong and deep faith in God’s goodness and love.

**St. Anthony, sanctuary of heavenly wisdom, obtain for me a firm persevering and active faith that directs my words and deeds.**

2. - **Hope** - St. Anthony brought hope and comfort to the needy and outcast people of his day. He viewed problems positively as opportunities to grow and to share his gifts with those in need.

**St. Anthony, heavenly guide, obtain for me the grace to seek union with God in all that I think, say and do, and to walk with hope each day in the pathways of virtue and goodness.**

3. - **Charity** - St. Anthony selflessly focused on the good and the well-being of others. He counted no sacrifice too great to make for the welfare and benefit of his neighbor, especially those who sought his help.

**St. Anthony, flame of charity, help me refrain from saying or doing anything to hurt others, and inspire me to great generosity and true charity.**

4. - **Love of Jesus** - St. Anthony loved Christ and was beloved by Our Lord. The Blessed Mother placed the Infant Jesus in his arms.

**St. Anthony, friend of Jesus and Mary, help me to live a worthy Christian life each day, and to express my love of Our Lord in all that I say and do.**

5. - **Prudence** - St. Anthony did his very best to avoid temptation and sin, and warned others against the wickedness and snares of the devil.

**St. Anthony, guard me against all temptations, and obtain for me the grace to overcome sin.**

6. - **Peace** - St. Anthony steadfastly worked for peace among families and towns that were feuding. His actions helped move many minds and hearts to healing and reconciliation.

**St. Anthony, grant me peace of mind and heart, help me to live in peace with my family and friends, and to work for harmony, unity and goodwill among all people.**

7. - **Patience** - Like Jesus, St. Anthony accepted difficulties with patience and sought to understand God’s will in all the events of his life.

**St. Anthony, assist me with my problems and suffering, and obtain for me patience and the acceptance of God’s holy will in all matters.**

8 - **Penance** - St. Anthony voluntarily fasted and offered penance for the sins of others. Often, in holy solitude, he prayed for the salvation of all people.

**St. Anthony, man of penance, help me to sacrifice for the spiritual good of others, and to be faithful to the penitential practices of our faith.**

9. - **Humility** - Beloved by many during his lifetime, St. Anthony was deeply humble. At all times, he was quick to attribute his eloquence, knowledge and wisdom to God, the source of all goodness.

**St. Anthony, pattern of humility, obtain for me the grace to know and truly value myself, and to attribute to God alone the graces and blessings that have been given to me in this life.**

10. - **Purity** - St. Anthony lived in such a way that his purity of mind and heart made him a clear instrument of God's love and compassion to others. His life radiated with the brightness of God's caring presence.

**St. Anthony, lily of purity, obtain for me the grace to accept the challenge of keeping my soul and body a pure dwelling place for God's Holy Spirit.**

11. - **Obedience** - From his youth, St. Anthony deeply respected his parents, teachers, and all who helped guide him later in life. In his mind and heart he looked for and listened to God's voice in others.

**St. Anthony, mirror of perfect obedience, help me to see God's presence in all those who lead and direct me. Grant me a spirit of respectful listening to others out of love for God.**

12. - **Poverty** - St. Anthony, endowed with wealth and the qualities of worldly success, left all and became a beggar in order to depend only on God, and to rely on nothing more than God's Divine Providence.

**St. Anthony, prince of poverty, obtain for me the grace to place my trust totally in God's goodness, and to refrain from an excessive attachment to material possessions and earthly wealth.**

13. - **Spirit of Prayer and Union with God** - St. Anthony lives in the midst of storm and danger and was exposed to evil, yet he maintained a prayerful spirit.

**St. Anthony, amidst the difficulties in my life, guide me each day so that my words and actions are a constant prayer to God.**

### **The Miraculous Responary of St. Anthony of Padua**

If then you ask for miracles, death, error, all calamities, the leprosy and demons fly, and health succeeds infirmities.

*Refrain:* The sea obeys and fetters break, and lifeless limbs you do restore, while treasures lost are found again, when young and old your aid implore.

All dangers vanish at your prayer, and direst need does quickly flee. Let those who know your power proclaim, let Paduans say these are of thee. *Refrain*

To Father, Son may glory be, and Holy Spirit eternally. *Refrain*

Pray for us, St. Anthony, that we may be made worthy of the promises of Christ.

O God, may our prayers honoring St. Anthony be a source of joy to your Church, that we may always be fortified with spiritual assistance, and may deserve to enjoy eternal rewards, through Christ our Lord. Amen.